

Planning Ahead **A Carers survival guide**

Tuesday 8th October
10.00am till 3.00pm

The Guildhall Oswestry

Refreshments and light lunch provided

Places must be booked in advance for catering purposes

What the day will cover

- Making an emergency plan
- Having a contacts list, ICE numbers
- Shropshire Emergency Respite Scheme
- Making a will
- Understanding Lasting Powers of Attorney
- Getting your affairs in order
- Time for questions

We can help with transport and parking costs if needed

Let us know if you need help arranging respite care to be able to attend

Please discuss this on booking

To book ring Julia Wenlock on 01743 341995

