



NEWSLETTER

Issue No. 5: October 2010



Alison with Jon Snow, who hosted the Consumer Action Awards on 21st September 2010

Consumer Action Awards

One of our very own Steering Group Members (and former Webmaster) at Shropshire Disability Network, Alison Smith, has hit the headlines by becoming a finalist in the **SMK Foundation Awards Campaigner Awards 2010 (Consumer Action)** – sponsored by Which?

Congratulations Alison, you deserve this and we are sure it will help to raise the profile of your organisation Pesky People which campaigns for a fair deal for people with disabilities, particularly those who are hard of hearing like Alison herself. Alison said "It is fantastic to have my work on Pesky People recognised in this way and more so as a Deaf person. I'm told it was a tough competition." More details on this can be found at <http://www.peskypeople.co.uk/2010/09/being-a-smk-foundation-campaigner-finalist/>

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Sally Edwards, Blue Eyed Soul Dance Company, captivates our GM audience

Sally Edwards, Outreach Worker and founder member of the Blue eyed Soul Dance Company, gave a fascinating presentation to the SDN General Meeting on September 9th.

She explained how she came into contact with Candoco, the first inclusive dance company in the UK, in 1994, a meeting which proved to be a 'light bulb moment' for her. As a result of that meeting she changed her career from being a carer, to being a dancer, choreographer and dance trainer, travelling all over the world.

The Blue Eyed Soul Dance Company create performances in a range of settings, performing both professionally and creating community performances, for which Sally has worked recently in Geneva and Washington, among other places. In 2003 they put on **I Do**, Sally's first large touring piece which involved dancing, singing and remembering lines – a 1 ½ hour show, 2 shows a week and 2 – 3 workshops a week. The show was directed by Lisi Perry, and toured Shropshire, the West Midlands and Merseyside, finishing at the Danse-Habile Festival in Geneva. This production included members from other dance companies, both professional and beginners, and as well as raising issues for the audience about disabled people having relationships, the cast faced a challenge in finding ways to communicate and work together.



Sally talking to the meeting

More ...

Extra £80 rebate off electricity bills

**From Social Welfare Training Free Benefits Newsletter
September 2010, www.socialwelfaretraining.co.uk**

Some pensioners will receive a one off rebate from their electricity bill, in most cases automatically.

Conditions are -

If, on 26 March 2010, all of the following applied to them, or their partner:

- they were aged 70 or over,
- they were receiving the guarantee credit element of Pension Credit but not the savings credit element,
- they were responsible for the electricity account where they live and were not receiving a social or discounted tariff on their electricity bill.

The scheme is a result of joint working between the Government and some of the largest energy companies.

Helpline: tel 0845 600 0033.



SDN Employment Focus Group for People With Disabilities

Ann Johnson, co-ordinator of the group and SDN Steering Group member, has made a successful career for herself from a wheelchair running the consultancy Husk. She writes:



'We certainly should have booked a larger room as the people representing many different organisations kept filling up the room and we all just managed to squeeze in. Over 25 people attended, all from organisations that supported people with disabilities seeking or in employment; many more organisations not represented at the first meeting are planning to come to the next.

The plan is for the group to develop its own objectives and priorities, so that we focus on the most needed areas. The first session focused on the vision for the group, considering what success would look like. Each organisation went away with the plan to send me a summary of how they felt their organisation would be best placed in the vision.

Our next meeting, planned for 3rd November at 10.00am at Mereside Community Centre, Shrewsbury, will be to agree the vision, consider the gaps in delivering it and begin to set out the objectives and actions for the group. Anyone wishing to be involved please contact me at husk@uwclub.net

"I'm having all sorts of problems getting the Heart team to talk to the Renal team - you would think they were on different continents, rather than in the same hospital."

Originally Trevor Dickenson suggested to me that he write an article about the wonderful standard of medical care that he was getting. Then the problems started ... Trevor is still pleased with the standard of care he receives from the medical staff when he can get to see them BUT – well Trevor can explain that best himself:

It all started in March 2005, when suddenly out of the blue and without prior problems my kidneys failed. Unusually, my kidney failure came on very quickly and I was unable to go through the excellent "pre-dialysis" system provided by the renal team in Shropshire. I underwent various tests and was informed that I had a totally separate, (not related to my diabetes, like a lot of patients) kidney disease called IGA Nephropathy. This condition is caused by my body producing abnormally long chains of IGA (Immuno Globulin A), that over time basically block the kidneys and impair their function, until they eventually fail completely. I have been on various forms of dialysis, both at home and hospital-based since then.

[Read More ...](#)



Trevor and his wife at the SDN General Meeting on 9th September 2010.

All the Things We Could Have Been

Appeal from Robin Surgeoner, AKA Angryfish (via the RNID)

I am desperately seeking images of Disabled People doing stuff, anything to help complete a video backdrop for my one man show All the Things We Could Have Been. You must be happy for any images you forward to me to be used in public arenas and there will be no fee for any images included.

If you feel you do have any images you are willing to donate then please forward them to me at angryfish@angryfish.co.uk

Ed. note: You can see more of Robin Surgeoner at

<http://www.ebility.com/articles/angryfish.php>



Shropshire project is blooming marvellous!

Article reprinted from the excellent Headway News Autumn 2010

<http://www.headway.org.uk/news/headway-news-autumn-2010.aspx>



Service users at Headway Shropshire developed green fingers over the past five months as they rose to meet the challenge of creating a show garden to raise awareness of the charity. And meet the challenge they did, with the garden winning two awards at the 123rd Shrewsbury Flower Show in August.

The project was conceived and supported throughout by Shropshire law firm Lanyon Bowdler, which then recruited award-winning garden designer Mike Russell to run the ambitious scheme.

The results were stunning, with the garden receiving praise from thousands of visitors to the show, all of whom had the opportunity to learn more about Headway Shropshire and its invaluable work to help people with brain injury in the area. And Mike can now add more awards to his collection, with the garden winning the Mike Hough Memorial Trophy for Best Outside Garden as well as one of the Shropshire Horticultural Society's gold medals.

[Read more ...](#)

Mid-Counties Co-operative Donates £250 to enable people with a disability to attend SDN General Meetings

Congratulations to Ruby Hartshorn, one of our Steering Group, who has been successful in her application to the Mid-Counties Co-operative Membership Community Fund for help to enable people who cannot get to General Meetings without specialist transport and/or assistance of a carer OR care needs to be provided for a person because the cared-for cannot be left alone, to allow a carer can attend. And thank you to the Mid-Counties Co-operative; further information on this fund can be found on <http://www.midcounties.coop/>.

The Midcounties Co-operative

AllCare Shropshire Limited feature as finalists in The Great West Midlands Care Awards 2010

A local domiciliary care provider in Shropshire has been nominated for two different awards at The Great West Midlands Care Awards. Wendy Beesley, Care Manager of AllCare, has been nominated for **The Home Care Manager Award 2010**. This is for the second year running. Just like last year she attended interviews in Birmingham as a Regional finalist for Care Manager.

Wendy and her husband Martin have also been nominated and attended interviews as finalists for **The Care Employer Award 2010** (less than 250 employees). Last year they won this award at Regional Level, and went onto to represent the region at National finals in London this year - bringing home the accolade. This was such an achievement for a small rural agency who many will not have heard of, employing just 40 carers.



Wendy & Martin Beesley receive the Client Satisfaction Award

As one of 5 regional finalists Martin and Wendy will discover their fete at a Gala night on 9th October 2010 at The National Motorcycle Museum, Solihull. If they win either or both awards, their next step will be attending further interviews in London and then representing The Great West Midlands at a Gala Night at The Guildhall in London in 2011 at The Great British National Home Care Awards.

It came as a great shock to both Wendy and Martin to be called as finalists again this year and on attending interview they expressed their surprise. They were told that they had been chosen by different judges this year to last and at interview, while they met some people they had met last year, it was a different panel who interviewed them.

There are about 20 award categories covering various aspects of care including residential, ancillary, IT Innovator, Newcomer Award and many others. At the same time as recognising people's commitment to care these awards help a charity.

The Great Britain Care Awards proudly support the Maggie's Centres. Maggie's have sites throughout the UK offering support for people who are impacted in some way by cancer.

We wish Wendy and Martin good luck on the next stages of the Awards.

Play Bones 4 Life online game! <http://www.bones4life.org/120.aspx>

A quick word from your elusive Patron.....

Having been caged up all summer in the halo traction system in order to support my crumbling spine, I'm absolutely dying to get out and about a bit now it's been removed.

The trouble is, although the halo has been taken off, I'm still awaiting the spinal fusion operation that will hopefully, solve the problem. It's booked in for October 14th and until then I'm just a little bit on the feeble side.

Isn't it funny how one can go for months and years without any accidents, but give me an unstable spine and tell me to be careful and I start falling about all over the place?!

The latest catastrophe happened on Monday when my new knee replacement (only a month old) gave out on me and I fell, landing quite hard on a wooden floor.

Luckily, my ample rear took most of the impact but I'm a little bit bruised and battered, and not just the ego...

So I'm afraid I'm taking the sensible option for once in my life and confining myself to barracks for just a little bit longer. Rest assured, I will be following all the news and events at Shropshire Disability Network and I'm looking forward to getting screwed back together again so I can get more involved with you all in the very near future.

Emma Suddaby

We all wish Emma the very best for her operation on 14th October, and we know that, with her indomitable spirit, she will be up and at 'em as soon as she's 'screwed back together'. Ed.



Fred thought that his person centred plan had taken a little longer than he expected

The best time of the year to get a flu vaccination (jab) is in October



Article reprinted from NHS Choices website

<http://www.nhs.uk/Livewell/winterhealth/Pages/Fluandthefluvaccine.aspx>



Flu (influenza) is a highly infectious illness that spreads rapidly through the coughs and sneezes of people who are carrying the virus.

Flu symptoms hit quite suddenly and severely. They usually include fever, chills, headaches and aching muscles. You can often get a cough and sore throat.

Because flu is caused by viruses and not

bacteria, antibiotics won't treat it.

Anyone can get flu, but it can be more serious for:

- people aged 65 or over
- people of any age (including babies over six months old) with a serious medical condition

If you are in one of these two groups, you're more vulnerable to the effects of flu (even if you're fit and healthy) and could develop more serious illnesses, such as bronchitis and pneumonia, which could result in hospitalisation.

[Read more...](#)

Digital Switchover Help Scheme

Help Scheme information packs sent to eligible older and disabled people

From this week Switchover Help Scheme information packs are being sent to people in the area who are over 75, disabled or visually-impaired as they prepare for the biggest change to TV for a generation. The booklets contain information on how viewers can get extra help and support to convert one of their TVs to digital in time for switchover. This includes how to apply, all the available options including equipment, installation if needed, aftercare and prices.

We would like to work with you

Although we write individually to all eligible people, we also know people often need to hear about things from more than one place before they take action. As a trusted source of

information, your organisation can play a vital role in ensuring nobody is left behind after switchover. Help Scheme awareness training is available for your staff. Please let us know if you would like briefings for any of your employees or volunteers (free of charge). We can also provide



Help Scheme leaflets and posters, articles for newsletters, organise Help Scheme events or we can speak at one of your meetings.

Please give me a call if you would like more information or to set up a briefing session:
Jennie Cook T: 07960367464 or E: jennie.cook@eaga.com, www.helpscheme.co.uk

More about the Switchover Help Scheme

People aged 75 and over, eligible for certain disability benefits, registered blind or partially sighted or living in care homes are entitled to practical help from the BBC-run Switchover Help Scheme. For £40, they will be given equipment to switch one TV per household to digital. They will be able to have that equipment installed if they want it, a demonstration of how it works and a number to call while they get used to things. If they're eligible and also on income-related benefits, the help will be free

Central TV Region
 Switchover Dates:

Transmitter	Serving	Starts
Ridge Hill	Herefordshire, south Shropshire and parts of Gloucestershire	06 April 2011
The Wrekin	north Shropshire and south Cheshire	06 April 2011
Fenton	Stoke-on-Trent and Newcastle-under-Lyme	07 Sept 2011
Sutton Coldfield	much of West Midlands	07 Sept 2011

More about TV Switchover

In just six months time, analogue terrestrial TV services for households will start being switched off. Switchover at the Central TV transmitter groups will see the five analogue TV channels turned off permanently (see [Timetable](#) below) and the Freeview digital service boosted to reach households in Central TV. Thousands of homes previously in digital blackspots will be able to receive Freeview channels for the first time.



Volunteers Needed!

Shropshire Disability Network has achieved an amazing amount in its short life, running a very successful website, holding well-attended General Meetings with inspirational speakers once a quarter, producing a monthly Newsletter which gets bigger with every issue, and starting other collaborative initiatives such as the Employment Forum.

BUT we need more people to help with all this! Tasks that immediately come to mind are

- helping to keep the website up to date,
- helping to produce the Newsletter,
- Fundraising Co-ordinator

but there are other more general jobs with which assistance would be gratefully received, such as help with the refreshments at the General Meetings.

Many of these tasks can be done from the comfort of your own home, at times to suit your convenience, so they would be great for someone who wants to remain involved but does not know from day to day how well they will be. Others, such as Fundraising Co-ordinator, are more up front, although they could well be carried out from a wheelchair.

Please contact me, Sally Barrett email newsletter@shropshire-disability.net, or phone Geoff Forgie on 01691 830662, in the first instance and we will pass on your enquiry. We look forward to hearing from you.



Sensory Impairment Shropshire

www.sishropshire.org.uk

The website for the Sensory Impaired

Hard of Hearing and Low Vision

Lots of interesting and informative pages

We need your Help

Loop Systems in Shropshire

Please go to the website and tell us how you find the loop systems

Let us know about the loop systems in the county.
We will form a catalogue of loop systems and their working state.

You can contact us at info@sishropshire.org.uk

(Mostly) run to the Beat



Omega team member Megan Greenhalgh participated in Run to the Beat on Sunday September 26th 2010, to raise money for projects benefiting carers.

Accompanied by her mother; Dr Teresa Griffin, and sister; Becky, Megan's first half-marathon began at London's O2 Arena, at 10.30am. Still in recovery from a knee injury sustained during training, Megan was nevertheless determined to represent Omega in this gruelling challenge.

Becky, otherwise known as Sergeant Rebecca Greenhalgh, finished in 2 hours & 17 minutes, Dr Griffin clocked in at 2 hours & 43 minutes. Sadly, Megan's knee began to fail her at the 6 mile mark, and her blood sugar dropped sharply. Armed with jelly babies and extra layers, Becky helped brave Megan complete the course in 3 hours and 11 minutes; cheered across the finish line by family and colleagues.

Omega says 'Thank you to everyone who sponsored Megan. Your donations will help Omega and Shropshire Disability Network to continue supporting unpaid carers.'

More at <http://www.omega.uk.net/mostly-run-to-the-beat-p-82.htm>



Megan, Becky & Teresa

Stripping SEN children of their labels smacks of educational cleansing

By Nicola Clark

Article reprinted from [guardian.co.uk](http://www.guardian.co.uk), 22nd September, <http://www.guardian.co.uk/commentisfree/2010/sep/22/special-educational-needs-sen-labels-cleansing>

Special educational needs mean just that. For Ofsted to imply otherwise does not help those children, or their classmates

The Ofsted report that declared that many SEN (special educational needs) children would benefit more from better teaching than labelling was sprung on a seemingly accepting public last week. While waiting for my daughter I once heard a woman being shown around the school asking how many SEN children were there. Not because she had a disabled child, but because the number of SEN children was a negative benchmark. I wondered if, in her view, perhaps even one included child was one too many.

My children both attended mainstream school for as long as was possible for their needs. During that time, we saw the best of teaching and the worst of parents. For every parent who believes inclusion of children with SEN and disabilities is a good thing, you will find many more who don't. My experience doesn't alter my view of inclusion; it simply strengthens my conviction that society's view of disability must change.



[Read more...](#)

IF THE BIG SOCIETY CONCEPT IS THE REALITY.....

WHAT SUPPORT IS ON OFFER FOR COMMUNITIES AND AVAILABLE IN A FUTURE CONSTRAINED WORLD?

September, October & November 2010

Throughout the West Midlands

The Targeted Support for Empowerment and Participation Improvement (TSEPI) programme, supported by the Every Voice Counts (EVC) programme within RAWM is holding a series of discussion events that will share resources, tools and learning and explore how communities might access them in a Big Society? This is your opportunity to have a better understanding of, and to share, what support (electronic, case studies and peer-to-peer) is available.

The events will be held at venues across the West Midlands and are aimed at the Voluntary Sector, local Authorities, and Community groups.

Book online on the RAWM or EVC website.

For more information about this event and bookings please contact Helen Phillips:
T: 0121 359 9100 | E: helenp@rawm.co.uk

EVENT SCHEDULE

All events will run from 10am - 2pm

20 September 2010 - Solihull & Birmingham
Ramada Hotel, Solihull

28 September 2010 - Black Country
The Crossing, Walsall

12 October 2010 - Staffordshire & Stoke-on-Trent
venue tbc

22 October 2010 - Coventry & Warwickshire
venue tbc

4 November 2010 - Herefordshire
The Kindle Centre, Hereford

9 November 2010 - Worcestershire
Worcester Warriors Rugby Club, Worcester

16 November 2010 - Shropshire & Telford & Wrekin
Meeting Point House, Telford



www.evcwm.org.uk | www.rawm.org.uk

Book online

<http://www.rawm.org.uk/news-events/events/support-communities-constrained.world>

Coping With The Cuts

BVSC the centre for voluntary action has put out a briefing document for organisations in all sectors which you can download [here](#).



www.shropshire-disability.net

THE place for information on disability throughout Shropshire.

Articles Needed!

There's an article – however short and sweet – in everyone, but there's an awful lot of you who haven't allowed that article to surface yet!

Do you have a pet bone of contention to air? Are you a budding artist waiting to pen a cartoon? Will you share an experience?

I try to include articles in each issue on

- Personal experience of someone with a disability, whether it's their experience of the health service or sharing an achievement (such as reaching Rodney's Pillar when you'd been told you would never walk again!)
- Issues of relevance to people with a disability, such as where the cuts are striking
- 'Culture' and the inclusion of people with a disability (e.g. going to Glastonbury)
- Getting out and about
- Events
- And I would like to start including reviews of restaurants, clubs, pubs, leisure centres and even shops that people with disabilities have found accessible or helpful; recommendations can then be forwarded for inclusion on the Open Door Shropshire website www.opendoorshropshire.co.uk.

So come on! Put pen to paper (yes, I will accept notes, however scrawled) via Geoff Forgie at The Old Barn, Llwyntidmon Mill, Maesbrook, Oswestry, Shrops, SY10 8QD. Better still, get tapping your keyboard and email them to me at newsletter@shropshire-disability.net.

Sally Barrett, Editor

People struggling to afford three meals a day and even to buy bread and milk

Article reprinted from Turn2us,

http://www.turn2us.org.uk/about_us/media_centre/press_releases/efc_research.aspx

A quarter of people do not believe poverty is an issue in the UK despite the fact that one-fifth (19 per cent) of working class people and those on state benefits could not afford to eat three meals a day at some point in the past year.

According to research by poverty charity Elizabeth Finn Care, eight per cent of people from a low socio-economic class could not even afford to buy essential food items like milk and bread.

Bryan Clover, Director of Case-work at Elizabeth Finn Care, said: "It is worrying that only 37 per cent of people believe poverty is the main social issue in the UK when there are people who cannot even afford to buy basic food items.

"We have discovered that a lack of money could have an impact on people's health with seven per cent of people in a low socio-economic class saying they have not been able to pay for

[Read more...](#)





For children with additional needs and their families

Events

For further details see the Bridgnorth Buddies website at <http://www.bridgnorthbuddies.co.uk/>

08/10/10	Coffee Morning	9.30am onwards	Cinnamon Café	-	A great opportunity to have a chat & swap experiences.
09/10/10	Multi-Activities	10.30am-12.00	St Leonard's Church Hall	50p per child	Fun & games for all with Ping Pong John & other guests.
22/10/10	Coffee Morning	9.30am onwards	Cinnamon Café	-	A great opportunity to have a chat & swap experiences.
24/10/10	Swimming	5 - 6pm	Bridgnorth Leisure Centre	Free	Buddies have exclusive use of the pool. Bring the family!
06/11/10	Multi-Activities	2 - 4pm	St Leonard's Church Hall	50p per child	Note change of time for this session only.

Carers Contact Centre

For further details, see the Carers Contact Centre website at <http://www.carerscontact.org.uk/news.html>

Event	Date	Venue
Pamper Days - Carers Contact Centre, Leegomery	5 th Oct & 2 nd Nov	10 am – 12.30 pm Booking essential, phone 01952 240209
Carers Social Evening - Dawley British Legion	12th Oct	7 pm Skittles, fish & chip supper. Booking essential, phone 01952 240209.
Carers Walk - Stirchley	13th Oct	10:30 am start. Meet outside Stirchley Leisure Centre
Reminiscence Event – Madeley Library	13 th Oct	10.30 am – 12.30 pm, contact Library Service on 01952 382921 or 382924 to book
Carers Forum	20th Oct	10.30 am - 12.30 pm. The Walker Room, Meeting Point House, Telford Town Centre (next to library) – 'The Lighter Side of Caring'
Learning Together – Cosy Hall, Water Lane, Newport, TF10 7LD	Fri 22 nd & 29 th Oct	Community council of Shropshire free 2 day workshop to meet the needs of family carers. To book call Fiona 01743 342165 or Glenda 01743 341995
Carers Walk - Town Park	10th Nov	10.30 am start. Meet outside Meeting Point House, Telford Town Centre

Community Council for Shropshire

➤ October Training Courses

Introduction to Business Planning

Wednesday 6 October 10.00am–3.00pm at the Community Council of Shropshire, Shrewsbury.

Cost: Shropshire VCO £30 or Statutory/external organisations £80. Lunch is included.

OCN Level 3 Volunteer Management

For further details regarding the Volunteer Management Programme planned for later in the year, please contact Steve Jones at The Community Council of Shropshire on **01743 237877**

Developing Your Marketing Plan

Thursday 21 October 10.00am-3.00pm at the Community Council of Shropshire, Shrewsbury

Cost: Shropshire VCO - £30 or Statutory/external organisations £80. Lunch is included.

Bookings

For further information or to book onto any of the courses please contact:

Lorraine Smart at The Community Council of Shropshire on **01743 237880** or by email: **lorraine.smart@shropshire-rcc.org.uk**

Postal address for the Community Council of Shropshire: 4 The Creative Quarter, Shrewsbury Business Park, Shrewsbury, SY2 6LG

➤ Carers Support Groups

Carers' Support Groups are open to all Family Carers. The groups offer emotional and practical support from CCS staff, GP Link Workers, other carers and people who will understand your needs and concerns.

You will have access to up to date information regarding benefits, policies and developments that affect you as a carer.

The group may arrange trips, with transport, to places of interest or may organise an interesting programme of talks and meetings. Recent topics have included:

- Advice about medication
- How to prevent falls
- Therapeutic massage
- Basic first aid skills
- Moving and handling techniques
- How to use the internet
- How to manage stress

Meetings of Carers' Support Groups are held at:

- **Bridgnorth**
3rd Thursday of the month at The Bungalow, Innage Lane 10.30am to 12.30pm.



- **Church Stretton**
1st and 3rd Wednesday of the month at the Mayfair Community Centre 2.00pm to 4.00pm.
- **Ellesmere**
2nd Tuesday of the month at the Town Hall, Willow Street, Ellesmere 11.00am to 1.00pm.
- **Ludlow**
3rd Thursday of the month at the Red Cross Centre, Smithfield Car Park Ludlow
2.00pm to 4pm.
- **Oswestry**
Last Thursday of the month at Qube, Oswald Road, Oswestry 11.00am to 1.00pm.
- **Shrewsbury**
3rd Wednesday of the month at St Nicholas Hall, United Reform Church Shrewsbury
11.00am to 1.00pm.

For further details call 01743 341995 or simply drop in!

➤ **Effective Hearing Course**

Tuesday 12th October - Craven Arms Community Centre

Some people find wearing a hearing aid very frustrating, and it can take some time to feel comfortable and gain confidence. All of our tutors have a personal experience of a hearing loss. Please come and share your experiences, challenges and successes by joining a short programme of one day.

The course is from 10am to 4pm and you will need to attend the whole day.

Whether or not you wear a hearing aid, you are welcome to attend and we urge people to bring a family member or friend as the course will also be relevant to them.

The course is completely free and tea and coffee is complimentary, we do not however provide lunches, although there is usually a café nearby.

If you would like to join us for one of these courses, please use the application form below to book a place, or contact Laura Lane Clarke on 01743 342168 or email: Laura.Clarke@shropshire-rcc.org.uk

➤ **Sight Loss Opportunity Group (SLOG)**

Peer Support for people with a visual loss.

Shrewsbury: We meet on the fourth Monday of the month at the Roy Fletcher Centre, 12-17 Cross Hill, Shrewsbury.

1st October – Canal Trip

Oswestry: 6th October, at Oswestry Library

For more information about SLOG please contact Jackie Elliot the Sensory Resource & Development Co-ordinator on 01743 342163 or email Laura Clarke on:

Laura.Clarke@shropshire-rcc.org.uk



Free Two Day Family Carer Workshops on Personalisation



Dates: 11th October 2010 11.00 - 3.00
20th October 2010 11.00 - 3.00
Venue: Unton Lane Youth Club Shrewsbury



Do you support a family member or friend with everyday living tasks that have been or are being jointly assessed with the family and social services?



If yes, there is now a new way of organising individual support; this is called **Personalisation** and **Personal Budgets**.

Shropshire's My Life My Choice are running two day, family workshops to help you think about what is important, what needs to change and what would make for a better life.

Join us to find out more on:

- What Personalisation means to families.
- What is available and happening in Shropshire.
- What a good support plan will look like
- Getting help to manage the money

There will be lots of opportunities to hear from and talk to other families who already have a Personal Budget.

[For a Booking Form click here](#)



Landau

changing lives creating futures

**free work related training
for adults living in SHREWSBURY
Are you interested in preparing for Work?**

Landau is offering **free** places on its 'World of Work' training course for anyone

aged 19+ who would like to work but would like help to become job ready.

You will be part of a small group and the learning will take place in a friendly and supportive atmosphere and it won't affect your benefits.

We will also provide **free** refreshments and we can help you with your travel costs.

During the 7 sessions you will learn about:

- Developing Social Skills
- Identifying benefits to employment
- Identifying personal skills/strengths
- Personal presentation
- How to job search
- Interview skills
- Job applications
- Lifestyle/routines
- Personal Safety issues
- Action Planning for the future



The course will be held at The Gateway Education & Arts Centre, Chester Street, Shrewsbury, SY1 1NB:

Wednesday 13th October 2010	10.00am – 1.00pm
Wednesday 20th October 2010	10.00am – 1.00pm
Wednesday 3rd November 2010	10.00am – 1.00pm
Wednesday 10th November 2010	10.00am – 1.00pm
Wednesday 17th November 2010	10.00am – 1.00pm
Wednesday 24th November 2010	10.00am – 1.00pm
Wednesday 1st December 2010	10.00am – 1.00pm

If you would like more information or if you would like to attend the course then please contact Kathy McCracken on 01952 245015 or email admin@landau.co.uk and Kathy will take your details and confirm your booking.

Book early to avoid disappointment!!!

Funded by



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THE place for information on disability throughout Shropshire.

Friday, 1 October	09:30 Dyspraxia/DCD Group 10:00 National Autism Society Seminar - managing anger/Asperger Syndrome
Saturday, 2 October	10:00 First Aid Course - Birmingham
Monday, 4 October	10:00 Community Leadership Training
Wednesday, 6 October	14:00 Haughton School Drop-in for parents/carers of pupils with complex special needs
Thursday, 7 October	10:00 STAA Group (parent/carer group - autism, Asperger's and ADHD) 20:00 Spectrum Group (parent/carer group - autism, Asperger's and ADHD)
Saturday, 9 October	10:00 First Aid Training - Birmingham
Monday, 11 October	10:00 Community Leadership Training
Wednesday, 13 October	10:00 Craven Arms Parents Meeting (children with special needs)
Friday, 15 October	10:00 Shrewsbury Parents Meeting (children with special needs)
Saturday, 16 October	All day POLO Trip to Blackpool illuminations
Tuesday, 19 October	10:00 Cleobury Mortimer Parents Meeting
Wednesday, 20 October	12:30 Oswestry Parents Meeting

Further details of all these events can be found on the Parent Partnership Service website at <http://www.parentpartnership-shropshireandtelford.org.uk/53.html>



➤ **Courses:**

- **Introduction to Business Planning – Wednesday 6th October 2010**

From 10am – 4pm, in CCS Training Suite
(Lunch included), Cost £30

All organisations need to plan for their future. This course is an introduction to the process of business planning and developing your organisation. The course is suitable for someone who is new to business planning or who is embarking on writing their first business plan.

- **Developing Parish Partnerships – Friday 15th October 2010**

From 10am – 4pm, in CCS Training Suite (Lunch included)

Cost: Free (however £30 will be charged for non-attendance)

The workshop will allow participants to build on their existing community development skills but will also tackle and develop solutions to some of the barriers preventing successful parish partnerships.

- **Developing Your Marketing Plan – Thursday 21st October 2010**

From 10am – 3pm, in CCS Training Suite (Lunch included), Cost £30

This is a practical session they will help you to develop your marketing strategy. The course will explore how to put marketing theories into practice and by the end of the session participants will have started to compile their individual plan.

- **Making the Case for Funding – Friday 5th November 2010**

From 10am – 4pm, in CCS Training Suite (Lunch included), Cost £30

Funding is a crucial issue for many organisations. This course provides you with a guide and tools to help your organisation get in the best position to apply for funding. The course covers how to get a project ready for funding, what funders are looking for and how to present your case for funding.

OCN Level 3 Volunteer Management – Shrewsbury planned for 12th October 2010

If you wish to book on any of the above courses please contact Lorraine Smart on 01743237880 or lorraine.smart@shropshire-rcc.org.uk

- **Funding Fitness for the Third Sector – train to access ESF and other funds**

Come and take part in an exciting opportunity for the Third Sector – a series of free and fun workshops in Herefordshire, Shropshire, Telford and Wrekin and Worcestershire

If you wish to attend these workshops, please contact

- Shropshire Joe Bubb Joe.Bubb@shropshire.gov.uk
- Telford and Wrekin Oneke Whitter oneke.whitter@telford.gov.uk

➤ **Events:**

- **Water Efficiency Workshop**

20th October 2010 6.30 – 9pm

The Lantern, Meadow Farm Drive, SY1 4NG

The first 6 months of 2010 were reported to be the driest for 80 years leaving reservoir levels across Britain around 15-20% lower than normal, fuelling concerns for water security and hosepipe bans. Raising the awareness of reducing consumption and water efficiency will help maintain our supplies of drinking water.

We would like communities across Shropshire to take responsibility for water efficiency awareness and encourage everyone to think about their water use.

This training session is aimed at individuals, organisations and community groups who can help spread the message through their community.

To book your place please contact Ruth Hudson, confirming the community you will be working with

Ruth.hudson@shropshire.gov.uk 01743 252577

- **Care sector recruitment events in Shropshire**

Further to 2 care sector recruitment events held in Shrewsbury and Telford earlier this year, a further 4 events will be held in conjunction with CWDP (Care Workforce Development Partnership).

The proposed dates for 4 events are;

- Tuesday 16th November – Holiday Inn Telford (Full day event)
- Thursday 18th November – Lion Hotel Shrewsbury (Full day event)
- Tuesday 23rd November – Oswestry Library (1pm-4.30pm)
- Thursday 25th November – Craven Arms Community Centre (9am-1pm)

Care sector vacancies are becoming increasingly pre-dominant in the district's labour market. In the three months March-May this year there were over 2,200 care vacancies advertised across the Marches, making it easily our biggest occupational sector (more than double the number of retail vacancies). However, it is some way down the list in terms of our most sought occupation by customers. Clearly, there is work to be done in terms of bringing our customers and employers together to fill the available jobs in the labour market.

To that end it is the intention that the 2 larger care sector events on the 16th and 18th of November will be done in conjunction with a pre-employment training programme (assuming that funding is still in place at the time) to equip our customers with some of the skills and pre-requisites for a career in social care. It is the intention that the events will also include presentations by ACT on the career paths available in social care, the types of jobs on offer and training available. Following this attendees will then have the opportunity to talk to employers in the sector currently recruiting.

Mike Dzioba JCP MARCHES DISTRICT OFFICE

A dedicated number to book on an event/get more information will be available in due course.

More information on <http://shropshirevcs.org.uk/site/blog/events/care-sector-recruitment-events-in-shropshire/>



PARENT PARTNERSHIP SERVICE
Shropshire and Telford & Wrekin

Network Project Meetings

Does your child have special needs (including autism or ADHD)?

- **Craven Arms:** Wednesday 13th October, 10 am – 12 noon, at the Community Centre, speaker on Benefits
- **Shrewsbury:** Friday 15th October, 10 am – 12 noon, at The Lantern, Sundorne, speaker on Benefits
- **Cleobury Mortimer:** Tuesday 19th October, 10 am – 12 noon, at Cleobury country Centre, speaker to be arranged.
- **Oswestry:** Wednesday 20th October, 12.30 – 2.30 pm at Oswestry Library, special needs information
- **Market Drayton:** Thursday 4th November, 10 am – 12 noon at Oswestry Library, Special needs information

All parents/carers welcome to our local meetings – no need to book. At our meetings you can

- Get useful information
- Have a chat
- Meet other parents/carers
- No charge - Refreshments

Contact Alex Hiam 01952 458018, email alex@pps-shropshireandtelford.org.uk



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Collaboration Benefits Programme



Developing Parish Partnerships

Friday 15th October 2010

10:00 - 16:00

Venue:

Community Council of Shropshire, The Creative Quarter,
Shrewsbury Business Park, Shrewsbury, SY2 6LG

FREE* including buffet lunch

Open the full flyer here



Deaf Friendly FC

Port Vale Deaf Friendly Girls Football Festival

Date: Saturday 16 October 2010
Times: Ground tour & coaching sessions: 10am – 1.30pm
 Meet mascot & watch match*: 1.30pm – 4.55pm
Ages: 6 – 16 years
Cost: Free!
Venue: Port Vale Football Club, Vale Park, Hamil Road,
 Stoke-on-Trent, Staffordshire, ST6 1AW

Want to improve your football skills and make new friends? The NDCS Deaf Friendly Football Club project, in partnership with Port Vale FC and Staffordshire FA, is holding an exciting football festival for deaf girls at Vale Park.

You will take part in fun, skills based coaching activities and mini-games led by fully qualified female football coaches with full communication support provided by NDCS volunteers. This event is suitable for all abilities!

Following the coaching session you will get the chance to meet the club mascot. Then you will take your seats to watch the Big Game - Port Vale FC vs Gillingham FC.

If you enjoy the day, there will be deaf friendly football sessions taking place at Dimensions Leisure Centre, Burslem every week from **Saturday 23 October (10am-12noon.)**

Please note: Programme is subject to change

- Parents or guardians must accompany their child(ren) to the match. One free adult ticket will be provided per child booked on.

Full communication support will be provided

NDCS events are for deaf children, however limited spaces may be available to hearing siblings. Preference for these places will be given to children who have not attended an NDCS event before and who may require the support of a hearing sibling or friend on their first event.



FootballFoundation
 football's biggest supporter



ndcs
 every deaf child



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Following the coaching session you will get the chance to meet the club mascot. Then you will take your seats to watch the Big Game - Port Vale FC vs Gillingham FC.

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Shropshire
Telford & Wrekin



By kind permission of the Headmaster,
Ellesmere College is delighted to host the

Diamond Jubilee Ball

on

23rd October 2010

Reception Drinks: 7.00pm

Carriages: 1.00am

To book places, a table of 12, or for more information contact:

Anne Wignall, Ellesmere College, Ellesmere, Shropshire
SY12 9AB or alwignall@gmail.com
or Ellesmere College Enterprises on 01691 626549

Tickets £35 (cheques to "Age Concern ST&W") to include
reception drink, three course meal, band, piano bar and disco.

Black Tie & Sparkles



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October half term 2010

autism • west midlands



Roller skating

- For children with autism/Asperger syndrome and their brothers and sisters
- Everyone welcome—no skating experience needed
- **COST £3 per child** - discounts for large families



OSWESTRY Marches School Sports Hall

Monday 25th October
1.30 pm—3.00pm

Marches School
Morda Rd
Oswestry SY11 2AR

To book a place contact Hilary McGlynn

Phone 07971 261334 email mcglynn.h@shropshirela.net

In partnership with Shropshire Council Leisure Services



Woodlands Outreach, Tilley Green, Wem SY4 5PJ Tel. 01939 236 181



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October half term 2010

autism • west midlands



Craft session

for children from 7 to 17 years

- For children with autism/Asperger syndrome and their brothers and sisters
- Parents are welcome to join in—parents of older children can wait in the café if they prefer.
- Cost £1 per family to cover refreshment costs

SHREWSBURY

The Lantern, Sundorne

Wednesday 27th October
10.30 am—12.30pm

The Lantern, Meadow Farm Drive,
Shrewsbury SY1 4NG



In partnership with Scrappies recycling & resource centre

To book a place contact Hilary McGlynn

Phone 07971 261334 email mcglynn.h@shropshirela.net



Woodlands Outreach, Tilley Green, Wem SY4 5PJ Tel. 01939 236 181



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October half term 2010

autism • west midlands



Multi Activity Event for children under 11

- *For children with autism/Asperger syndrome and their brothers and sisters*
- Games, crafts and other activities
- *A chance for parents to have a coffee and a chat with other parents*
- FREE— £1 donation per family to cover refreshment costs

SHREWSBURY— Meole Brace Children's Centre

Thursday 28th October
10.00 am— 12.00 pm

Meole Brace Children's Centre
Church Rd, Meole Brace SY3 9HG
(use middle gate between infants and
junior entrances)

To book a place contact Hilary McGlynn

Phone 07971 261334 email mcglynn.h@shropshirelq.net

In partnership with Shropshire Council Leisure Services



Woodlands Outreach, Tilley Green, Wem SY4 5PJ Tel. 01939 236 181

Deaf Tennis Festival

Deaf Tennis Festival (Indoors)

Friday 29th
October 2010.

Time: 1000 - 1600

The Event is free

Venue:
Warwickshire
Health and
Racquets Club,
Abbey Road,
Whitley
Coventry
CV3 4BJ

For further
information please
contact:
Angela Watson

Mob: 07946 485884
Fax: 0208 487 7304
Email:
angela.watson@tennisfoundation.org.uk

The Tennis Foundation is pleased to be holding a festival for deaf and hearing impaired children and youngsters, aged 7+, who would like to try tennis and have a fun day out. All are welcome and if your child already plays tennis, why not come along and meet others players and get some expert coaching which will be available on the day.

Family and friends are welcome as spectators and we also encourage local Club officials and coaches to come along and see the exciting opportunities in UK deaf tennis.

On the day we will have:

- *Licensed Coaches in attendance - hearing and deaf.*
- *Tennis Equipment (Rackets & Balls) will be provided.*
- *Deaflympic Tennis Players in attendance.*
- *Refreshments available on site.*
- *Volunteers provided by NDCS.*

If you would like to attend, please return the registration form to the Tennis Foundation by Friday 8th October to:

Angela Watson, The Tennis Foundation, National Tennis Centre, 100 Priory Lane, Roehampton, London, SW15 5JQ.

Download Booking Form here



www.shropshire-disability.net

THE place for information on disability throughout Shropshire.

1st – 31st October - Lupus Awareness Month

Go to <http://www.westmidlandslupus.co.uk/> for more information.

3rd October – Telford Sailability Fun Day

You and your family are invited to Telford Sailability Fun day at Telford Sailing club, Priorslee Lake, on Sunday 3rd October from 11 am to 3 pm. Speedysports are kindly lending us some Access boats for the day so that people can see what we are aiming to buy. There will be a barbecue selling snacks and several games and side shows.

For more information about Telford Sailability go to <http://www.telfordsailability.mfbiz.com/>



4th – 10th October IS PINS Awareness Week



PINS charity helps people with Pelvic Girdle Pain a condition which causes pelvic joint pain and walking difficulties and is most commonly associated with pregnancy. They are holding their second annual awareness week in October 2010 when they hope to reach more people with pelvic girdle pain and increase awareness of the condition amongst health professionals and the general public. PINS offers confidential support via telephone and email, produces information leaflets and their website is regularly updated with new information. Email info@pelvicinstability.org.uk for further information or phone 01586 830323. <http://www.pelvicinstability.org.uk>

5th October – Parent Information Session

For parents/carers of children with Autistic Spectrum Conditions

Come along, have a cuppa and a chat. Children welcome. Ellesmere Methodist Church, 10 am – 12 noon.

Contact Jane Ramsdale, Autism Development Co-ordinator, 01939 236181 / 07500 885137



6th October – Telford and Wrekin Mental Health Forum

the forum is a way of giving you as a Service User or Carer the opportunity to be involved in feeding back your knowledge and experiences of using services and get to know what's going on both Locally and Nationally.

At Meeting Point House, 13.30 – 15.30 – Consultation event over Next Steps for Mental Health Care. Refreshments available. For further information contact Tina Jones on 01952 458021, email tina.jones@listennotlabel.org.uk

Spectrum Support Group 7th October – Spectrum Meeting

SPECTRUM

Spectrum Autistic Support Group meet at 8pm at the Lord Hill Hotel in Shrewsbury, with two members of the Parent Partnership team

available for advice and information. More information on Spectrum at

<http://www.paccshropshire.org.uk/parent-and-carer-groups/53-spectrum-support-group> or contact Jeannette Griffiths on netgriffiths@gmail.com or Alison Hart on 01939 220567

7th October – Shropshire MS Support Group Meeting

10.30 am – 4 pm at the Hamar Centre, Royal Shrewsbury Hospital, Mytton Oak Road. Speaker Pat Davies, 'The Colours of West Africa' 1 – 3 pm.

Come for the day, or drop in for 10 minutes and a cuppa! Always an enjoyable day with a lively bunch of folk living with MS. These sessions start with a one hour physiotherapy session followed by lunch. The afternoon starts at about 1.00pm and takes the form of guest speakers, demonstrations, entertainment etc. and varies throughout the year. A care assistant is available all day to help with your personal needs. For further information contact the branch on 01743 364484.

9th October is World Hospice and Palliative Care Day

A unified day of action to celebrate and support hospice and palliative care around the world. Raising awareness events across the UK. Visit the website for more details

<http://www.worldday.org/about/>



9th October – Climb Conference 2010 covering Metabolic Diseases

Family and Professional conference covering Fatty Acid Oxidation Disorders (FODS) and Organic Acidaemias. Excellent speakers in a very accessible venue. Copthorne Hotel, Dudley, West Midlands, 9th October 2010, 9 - 4.30. Young People's Activity and Crèche.

<http://www.climb.org.uk/conference.htm>

Sunday 10th October

- Lupus West Midlands Open Meeting

2.30 pm, Warley Baptist Church Hall, Castle Road East, Warley, West Midlands, B68 9BJ

<http://westmidlandslupus.co.uk/events/>





14th October – Join the conversation

We need to save £60 million over the next three years – and we want to hear your views on how we can do that.

We want to have a conversation with everyone in Shropshire so you can tell us what you think. We want to ask questions like:

- What services are important to you?
- What services do you think could be run differently?
- Are there any services we provide that you think are unnecessary or should be run by someone else?

There are lots of ways of getting involved. Three public events took place in September, and another is coming up on 14 October, when you can put your views directly to the people responsible for running public services in Shropshire.

The meeting will take place at the Shropshire Council HQ at Westgate, Bridgnorth, starting at 7pm.

There is no need to book tickets, but people can send an email to: tellus@shropshire.gov.uk or phone 0345 678 9013 to reserve a seat, or just turn up on the night when seats will be given on a first-come-first-served basis. The event will be chaired by Eric Smith, BBC Radio Shropshire's breakfast presenter. Representatives from Shropshire PCT for the NHS, Shropshire Fire and Rescue, JobCentre Plus and West Mercia Police will also be present.

For more information see

<http://www.shropshire.gov.uk/bigconversation.nsf/open/0E7E86897C3D3A728025776E0076719A>

Meanwhile, you can have a go at tackling the council's multi-million pound budget yourself with the interactive 'Budget Simulator' (<http://www.budgetsimulator.com/shropshire>). You can make choices about how much money is spent on certain services, getting an insight into the tough decisions councillors will have to make.

14th October – Telford & District Branch of the MS Society, Monthly Social

Our **Monthly Social** is open to any person affected by multiple sclerosis (MS) i.e. carers, family or persons with MS.

A 'drop in' social with a gentle exercise session, light refreshments, and a hands on activity for you to try.

Salvation Army Hall, Oakengates 12.30pm-3.30pm

WATCH (Wrekin Alarm Telephone Call Helpline). A speaker from WATCH will be joining us to give a talk on pendant alarms.



18th – 24th October is Alcohol Awareness Week 2010

The theme for this year's Alcohol Awareness Week (AAW) 2010 is 'Alcohol and Childhood' which encompasses both the issue of alcohol use by young people, and the impact on children of parental drinking. The week provides an opportunity to raise awareness of all alcohol misuse issues and to highlight current public policy as well as the work of alcohol treatment service-providers across England and Wales. For more information to go



Alcohol Concern
Making Sense of Alcohol

<http://www.alcoholconcern.org.uk/alcohol-concern-in-action/campaigning/aaweek>

18th – 24th October is Friends Week 2010

Fundraising and awareness raising activities by Attend member groups which include many Hospital Leagues of Friends as well as community based health and social care charities.

The theme for Friends Week, Everyone Needs Friends, focuses on raising awareness of the great work of our member groups and the important role they play in health and social care. For more information go to: <http://www.attend.org.uk/what-we-do/friends-week/friends-week.aspx>



19th October – The Changing Role of NICE



Westminster Health Forum conference at the British Medical Association, GMA House, Tavistock Square, London WC1H 9JP

Guest of Honour: Dr Carole Longson, Director, Centre for Health Technology Evaluation, NICE The future role and scope of NICE (the National Institute for Health and Clinical Excellence) seems set to be a focus for health policy in the new Parliament with the Coalition programme for government stating its intention to 'reform NICE and move to a system of value-based pricing, so that all patients can access the drugs and treatments their doctors think they need'. This timely seminar will explore the altered landscape in which medicine appraisal now operates, and assess future options for policy. The implications of the Cancer Drugs Fund will also be examined. Dr Richard

Barker, Director General, Association of the British Pharmaceutical Industry (ABPI); Dr Carole Longson, Director, Centre for Health Technology Evaluation, NICE and Professor David Taylor, The School of Pharmacy, Pharmaceutical and Public Health Policy, University of London will be delivering keynote presentations at this seminar. Further senior participants are being approached. Further information on <http://www.westminsterforumprojects.co.uk/forums/event.php?eid=38>

20th October – Parent Information Session

For parents/carers of children with Autistic Spectrum Conditions

Come along, have a cuppa and a chat. Children welcome. Homestart, The Unicorn Centre, Unicorn road, Oswestry, 10 am – 12 noon. Contact Jane Ramsdale, Autism Development Co-ordinator, 01939 236181 / 07500 885137



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20th October – World Osteoporosis Day: Launch of Telford and Shropshire Osteoporosis Support Group

Speakers include Katie Hall, National Osteoporosis Society and Dr. Michael Davie, Consultant Physician, Robert Jones and Agnes Hunt Orthopaedic Hospital, Oswestry.



Venue: Wellington Methodist Church Hall, New Street, Wellington, Telford, TF1 1LU

1.30 – 4.15 pm, £1 entrance fee (includes refreshments). For further information, contact Katie Hall, 01543 415428, email Katie.hall@nos.org.uk

21st October: West Midlands Lupus

Drop-In Clinic: Footcare, with a leading Podiatrist.

At Clinical Research Unit, North Block, Russells Hall Hospital, Dudley. Talk begins at 2.15 pm



Go to <http://westmidlandslupus.co.uk/events/> for more information.

bruxism
**awareness
week**

october 25th -31st 2010

Bruxism (Tooth Clenching and or Grinding) is a terrible condition that affects around 50% of the population, Bruxism is often stress related and it has been reported recently that there has been a 20% increase in patients suffering with bruxism. It is the main cause of tooth wear and breakage, disorders of the jaw (pain and limited movement) headaches and migraines. Both children and adults are affected, but is most common in 25-44 year olds.

Bruxism Awareness Week aspires to involve dental practices already offering treatment for Bruxism and to encourage more to follow suit. For more information go to

http://www.s4sdental.com/Events/2010/10/25/#BRUXISM_AWARENESS_WEEK

21st October – Energize Awards Evening

At Shrewsbury Town Football Club

See <http://www.telfordsailability.mfbiz.com/> for further details.



22nd October – Shrewsbury & District Branch of the MS Society 44th Birthday Lunch

At the Wroxeter Hotel, Nr. Shrewsbury, SY5 6PH.

Please book with Carole Thomas on 01743 247650 by 14th October.



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26th October – Next stages for the mental health strategy

Westminster Health Forum Conference at The Royal Society, 6-9 Carlton House Terrace, London SW1Y 5AG

Guests of Honour: Anthony Deery, Head of Mental Health Operations, Care Quality Commission; Dr Hugh Griffiths, Deputy National Clinical Director of Mental Health, Department of Health and Dr Jo Nurse, National Lead for Public Mental Health and Well-being, Department of Health. This seminar will look at the next stages of the mental health strategy. Key discussion will be around the current mental health strategy reviewing its early impact, outlining the challenges that have been faced and how they have been addressed - and asking what further steps should be taken to improve public mental health. Public mental health is becoming increasingly important in healthcare and in the workplace, with the search for cost savings a priority in meeting the future financial demands on the service. This seminar will also discuss priorities for service delivery, coordination of services and the challenges for implementation.



For more information to

<http://www.westminsterforumprojects.co.uk/forums/event.php?eid=139>

26th October – Parent Information Session



For parents/carers of children with Autistic Spectrum Conditions

Come along, have a cuppa and a chat. Children welcome. Wem Baptist Church Tuesday 1–3 pm

Contact Jane Ramsdale, Autism Development Co-ordinator, 01939 236181 / 07500 885137



29th October – World Psoriasis Day



CHILDHOOD PSORIASIS
-A CHALLENGE FOR ALL

World Psoriasis Day is an annual day specially dedicated to people with psoriasis/psoriatic arthritis. Conceived by patients for patients, World Psoriasis Day is a truly global event that sets out to give an international voice to the 125 million people with psoriasis/psoriatic arthritis.

For more information go to <http://www.worldpsoriasisday.com/>

30th October – Make a Difference Day

Every year tens of thousands of people get together to make a difference in their communities for CSV Make a Difference Day, the UK's biggest day of volunteering.

This year it takes place on **Saturday 30 October 2010** - and you can be part of it! For more information go to <http://www.csv.org.uk/campaigns/csv-make-difference-day>



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31st October – National Bug Busting Detection Day



‘By encouraging schools to participate in our schools’ programme, the Departments of Health and Education are helping to ensure that parents have access to authentic Bug Busting information.

*“Our experience is that complaints about head lice – which can be the first highest category of parent complaint – are reduced to a trickle by the school’s regular participation in Bug Busting Days, especially as the school’s catchment area is highly mobile (35% annual turnover)... **The programme motivates pupils to take the message home. Having 27 ‘motivators’ – the average class size – makes all the difference.**”*

Primary school head teacher’

Go to <http://www.chc.org/homedir/bugbustingforschools.cfm#natdays> for more information.

4th November - Shropshire MS Support Group Meeting

10.30 am – 4 pm at the Hamar Centre, Royal Shrewsbury Hospital, Mytton Oak Road. Speaker Bob Bibby ‘Hadrian’s Wall’ 1 – 3 pm.

5th November

The Ear Foundation’s 5th Annual conference Cochlear Implants 2010: The State of the Art Friday 5 November 2010

10am – 4pm

At the National College for School Leadership, Nottingham, UK

ONLY: £95 including lunch & refreshments

This popular conference provides a unique forum where current research and practice in all areas of cochlear implantation will be explored. You will receive the most up to date information from a faculty of international experts in the following areas:

- Surgical Update – Early Years and Complex Children
 - Audiological Overview
 - Bilateral Programming, Audit and Research
 - Electro Acoustic Stimulation
 - Educational Outcomes
 - Literacy & the Impact of Cochlear Implantation
 - Music with CI Users

- Cochlear Implants and Sign Language
- User Perspective and Adult Rehabilitation
 - Access and Management

The international faculty includes: Sue Archbold, Jeroen Briare, Julie Brinton, Anna Herriman, Steve Mason, Connie Mayer, David McAlpine, Steve Sharp, Emily Tobey, Ernst von Wallenberg, Bencie Woll

Programme to be announced soon.....

To register visit our website

<http://www.earfoundation.org.uk/education/articles/603>

9th – 13th November is Threadworm Action Week

This year we are going back to basics, our theme being 'Threadworm: Let's get to the bottom of it'.

THREADWORM
LET'S GET TO THE BOTTOM OF IT.



Our brand new **Threadworm ToolKits** are now available to order free - they are full of useful resources to help raise awareness about threadworms and how to deal with them.

Request your free Threadworm ToolKit now! from

<http://www.fredworm.co.uk/healthcare/register.html>

11th November - Age Concern (Shropshire, Telford & Wrekin) Annual Conference – Moving on

AGE
Concern

A conference to mark 60 years of service for the older people of Shropshire - and to look to the future of health and social care.

Speakers to include:

- George Giarchi (Prof of Social Care studies at University of Plymouth)
- Helen Sanderson (Helen Sanderson Associates)
- Adam Cairns (Chief Executive RSH and Princess Royal Hospitals)

60 years is a long time! This organisation has always concentrated on supporting older people – by campaigning and service provision.

At the conference we will celebrate our achievements and reflect on how life has improved for older people. Then we will look to the future ... with national and local speakers

- What is happening at our hospitals now they have a new leader?
- Big changes are on the way in social care. How will they impact on older people and those who work with them?

Places at the conference will cost

- Delegates - £45. Senior rate - £25

- The price includes lunch and all refreshments
- The Conference starts with coffee and registration at 9.30am and will finish by 4pm.

How to book?

Telephone (01743) 233123 and ask for a booking form or download the booking form from our web site at www.ageconcernshropshireandtelford.org.uk. Sorry, we can't take electronic bookings

5th November – Fireworks Night

Follow Ben for a safe fireworks night





Firework Code

- Only buy fireworks marked BS 7114.
- Don't drink alcohol if setting off fireworks.
- Keep fireworks in a closed box.
- Follow the instructions on each firework.
- Light them at arm's length, using a taper.
- Stand well back.
- Never go near a firework that has been lit. Even if it hasn't gone off, it could still explode.
- Never put fireworks in your pocket or throw them.
- Always supervise children around fireworks.
- Light sparklers one at a time and wear gloves.
- Never give sparklers to a child under five.
- Keep pets indoors.
- Don't let off noisy fireworks after 11pm.

www.direct.gov.uk/fireworks

**FIREWORKS
BE SAFE
NOT SORRY**
ALWAYS FOLLOW THE CODE

Disclaimer

SDN aims to provide a forum for people to air their concerns about matters affecting people with a disability as well as providing a central source of information for them, their families and carers. The views expressed in this Newsletter are not necessarily those held by SDN. If you have a problem with any of the content of this Newsletter, please contact the Editor, Sally Barrett, on newsletter@shropshire-disability.net.